

Kingsport, Tennessee ~~ Free Meals

- **First Broad Street United Methodist Church**

100 E. Church Circle Kingsport 37660
423-224-1531

Friendship Diner (see First Presbyterian Church information below)

- **First Presbyterian Church**

100 W. Church Circle Kingsport 37660
423-245-0104

Friendship Diner is in partnership with First Broad Street United Methodist Church.

To-go breakfast served from 7- 8 AM on Saturdays and Sundays under the First Presbyterian Church Breezeway.

- **First TN Area Agency on Aging and Disability (FTAAAD)**

3211 N. Roan Street Johnson City 37601
423-928-3258

Home-delivered meals and management of congregate meal sites for 60+ adults.

- **Kingsport Senior Center Congregate Meal Site**

1200 East Center Street Kingsport 37660
423-246-8060

For adults age 60+ Monday–Friday at 12 Noon (except holidays). Suggested donation is \$3 per meal. If you need to be screened for home-delivered meals, call FTAAAD at 423-928-3258.

- **Kiwanis Towers Congregate Meal Site**

2701 East Center Street Kingsport 37664
423-246-0120

For adults age 60+ Monday–Friday at 12 Noon (except holidays). Suggested donation is \$3 per meal. If you need to be screened for home-delivered meals, call FTAAAD at 423-928-3258.

- **Full Gospel Mission Kitchen of Hope, “3:30 Church”**

740 E. Sevier Avenue Kingsport 37660
423-914-9982, 423-534-7843

To-go meals served Monday to Saturday, 3:30 – 5 PM.

- **Meals on Wheels of Kingsport**

PO Box 3346 Kingsport 37664
423-247-4511

Lunchtime meals delivered Monday through Friday to your home for approved recipients. Application and physician’s signature are required to receive meals. Call for more information.

- **Morning Hope Breakfast Ministry**

(Located inside Prospect Center across street from Mafair United Methodist Church)

1425 East Center Street Kingsport 37664
423-378-9620

Breakfast served each Tuesday, 8 - 9 AM.

- **Salvation Army**

505 Dale Street Kingsport 37660
423-246-6671

Lunch served 7 days/week, 12 Noon - 1 PM.

- **Shades of Grace, a United Methodist Congregation**

313 E. Sullivan Street Kingsport 37660
423-765-2440

To-go bag lunch served Monday to Friday, 10 AM – 12 Noon.

- **Vermont United Methodist Church**

1817 Bloomingdale Pike Kingsport 37660
423-288-2801

Breakfast served on the 1st Saturday, 9 – 11 AM.